



Check Your Check

The new year comes with new benefit elections. There are things you can do to ensure that your benefit coverage and coverage tier are correct in 2026.

Use this checklist to ensure your benefit elections are correct and that you can use your benefits.

- **Workday**
 - ✓ 2026 pay slip: Check your benefits deductions. If the deduction premium is wrong, your benefit coverage might be wrong.
 - ✓ Double check your benefit elections and dependents.
 - ✓ Do you need to update your address and emergency contacts? Do it today!
 - ✓ Review your beneficiaries.
- **ID cards**
 - ✓ BlueCross BlueShield (medical) and CVS Caremark (prescription) – New combined medical/prescription ID cards are being issued to all that are enrolled in medical coverage.
 - ✓ Delta Dental – New cards are issued only if you newly enrolled.
 - ✓ VSP Vision – ID cards are not issued for vision coverage.
- **Benefits carriers**
 - ✓ Use the chart below to set up your communication preferences online and to take advantage of more resources.
 - ✓ Make sure you are getting information from your carrier by adding your personal email address.
 - ✓ Download the carrier app to your smartphone for easy access.

Medical	BCBS of Illinois	1-800-548-1686	bcbsil.com/
Prescription Drug	CVS Caremark	1-844-380-8834	caremark.com/
Retirement	Fidelity	1-800-835-5095	NetBenefits.com/
Health Saving Accounts (HSAs)	Fidelity	1-800-835-5095	NetBenefits.com/
Flexible Spending Accounts (FSAs)	TaxSaver Plan	1-800-328-4337	naviabenefits.com/
Dental	Delta Dental	1-800-323-1743	deltadentalil.com/
Vision	VSP	1-800-877-7195	https://www.vsp.com/

Contact your HR Partner if you have questions.

Remember: If you experience a qualified status change such as a marriage, birth/adoption or change in eligibility for other coverage, you must initiate your benefit change and submit appropriate proof of the change **within 31 days of the event**. If you do not, you'll have to wait until the next Open Enrollment period and plan year to make changes. Please check out the Total Rewards website for additional benefit resources. <https://treehousefoodstotalrewards.com/>